

Healthy aging, joint protection and overall wellness*

Consume contents of 1 strip daily with food at once or throughout the day.

BioTune® • 2 capsules
 Calcium Plus • 2 caplets

Joint ProMotion™ • 3 capsules
 CardioQ • 1 capsule

CorePlex® • 3 caplets

OmegaPlex® • 2 softgels



14-Day Supply

Below are the primary function(s) of each component that makes up Advocare® Core™ :



BioTune®: The ingredients in BioTune help maintain cell integrity and protect cells from damage due to poor nutrition or environmental factors.* The ingredients in BioTune can support healthy aging and restore balance to numerous genes that regulate joint breakdown and repair.*



Calcium Plus: Calcium Plus is a great source of calcium, an essential part of maintaining the strength and health of your bones and teeth.* Calcium Plus includes two types of highly absorbable calcium along with other minerals, vitamins and botanicals.



Joint ProMotion™: This unique product combines glucosamine and other ingredients to help lubricate and protect the joints.* Glucosamine plays a vital role in the formation and support of healthy cartilage.* Collectively, the ingredients in Joint ProMotion make it a superior choice to enhance your joint health and to aid in the relief of occasional soreness after exercise.*



CardioQ: CardioQ combines CoQ10, Vitamin D, and Lycopene to provide nutrition for healthy aging and cardiovascular support.* CoQ10 is a powerful antioxidant that helps support processes where energy is needed the most, such as the heart and the liver.* Vitamin D has been shown to affect inflammation after exercise and cell proliferation and differentiation.* Lycopene is a powerful ingredient that provides cardiovascular and immune support and encourages healthy aging.*



CorePlex®: CorePlex is an optimal formulation of vitamins, minerals, antioxidants, and trace elements needed by the body to promote and sustain long-term health and well being.* This synergistic blend of 36 nutrients supports healthy bone structure, growth and provides comprehensive nutritional support for healthy muscle, connective tissue and skin.*



OmegaPlex®: Each serving of OmegaPlex contains a concentrate of 1000 mg long-chain omega-3 fatty acids (600 mg EPA and 400 mg DHA). Omega-3 fatty acids, such as those present in OmegaPlex, help support cardiovascular health in combination with a healthy diet and exercise.* These critically important oils help contribute to the body's management of inflammation after exercise, support joint health and are important for the maintenance of healthy skin.*

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

AdvoCare Customer Service
 800-542-4800 www.advocare.com